

Behaviour Support Process

Get to know the person

Our first priority is to build rapport and understand strengths, needs and what matters to the person being supported and those around them.



Understand behaviour

Next we'll try to understand what behaviours are occurring that are causing the person or others to be concerned.



Is the behaviour risky?

Then we'll all work together to understand if any of the concerning behaviours place the person or those around them at risk of imminent harm.



Summarising the findings

A behaviour analysis and risk appraisal report is written summarising our findings and the recommending next steps for behaviour support or other types of support. This report can be used to support the person to get additional NDIS funding if needed.

Getting to this point and writing the report will take about **20 hours** to complete



Risk Mitigation plan (a safety plan)

If there are any risky behaviours, we'll use the information we've collected so far to help develop a safety plan containing strategies to keep everyone safe from harm while further intervention can be explored.

Developing this plan and helping with its implementation will take about **20 hours** to complete.



Functional behaviour assessment

This is a scientific process used to identify a target behaviour and understand why it is occurring. This can take a long time but it's a vital part of the process. A full report explaining everything we now know about this behaviour is produced at the end of the process.

The FBA process and writing the report will take about **30 hours**.



Positive Behaviour Support Plan

Now we have a good understanding of the target behaviour and why it occurs, we can work together to develop a plan everyone can use to help the person get what they want and need safely, and to live an improved quality of life free of restriction. We will then support everyone to implement and use the plan.

Writing the PBS plan will take about **20 hours**.



Implementation

We'll support everyone involved to implement and follow the behaviour support plan closely and consistently. This is what it's all been leading to and it's essential to behaviour change and improved quality of life!



Monitoring

We regularly check how things are going, looking at what's working well and what might need to be reviewed. If something isn't helping, we review it and adjust the plan if required. After 12 months (at the most) a service delivery and recommendation report that can be provided to the NDIS will be produced.

Implementation support, monitoring, and producing the service delivery and recommendation report will take about **30 hours**.